

Evidence-Based Approach to Managing Maternal & Fetal Complications in High-Risk Obstetrics

Sponsored by
Saint Thomas Health
Office of Continuing Medical Education

November 9, 2018

Offered at
Saint Thomas Midtown Hospital
Gladys Stringfield Owen Education Center
2000 Church Street
Nashville, Tennessee 37236



Saint Thomas
Health



ASCENSION

Evidence-Based Approach to Managing Maternal & Fetal Complications in High-Risk Obstetrics

Saint Thomas Midtown Hospital
November 9, 2018

AGENDA

7:00 am	Registration & Continental Breakfast
7:45 am	Welcome & Course Introduction <i>Connie R. Graves, MD</i>
8:00 am	The Growth Restricted Fetus: Diagnosis and Management <i>Michelle Y. Owens, MD, MS, FACOG</i>
8:45 am	Establishing the 4th Trimester <i>Alison Stuebe, MD, MSc</i>
9:30 am	Q & A
9:40 am	Refreshment Break
10:00 am	Perinatal Safety and the C-Suite <i>Frances Kelly, PhD, MSN, RNC-OB, NEA-BC, CPHQ, CPPS</i>
10:45 am	Hemoglobinopathies in Pregnancy <i>Michelle Y. Owens, MD, MS, FACOG</i>
11:30 am	Q & A
11:40 am	Lunch
12:45 pm	Breastfeeding and Metabolic Syndrome <i>Alison Stuebe, MD, MSc</i>
1:30 pm	Applying Principles of Perinatal Safety through Case Studies <i>Frances Kelly, PhD, MSN, RNC-OB, NEA-BC, CPHQ, CPPS</i>
2:15 pm	Q & A
2:25 pm	Refreshment Break
2:45 pm	The Modified Labor Curve: A Safe Approach to Prevent the First Cesarean <i>Alison Stuebe, MD, MSc</i>
3:30 pm	Physician Burnout: A Silent Epidemic <i>Michelle Y. Owens, MD, MS, FACOG</i>
4:15 pm	Q & A
4:30 pm	Adjourn

COURSE INFORMATION

This course was designed to meet the educational needs for obstetricians/gynecologists, maternal-fetal medicine specialists, family practice physicians, nurse midwives, nurse practitioners, and other clinicians who care for high-risk obstetrical patients. This course will focus on the latest research and advancements in high-risk obstetrics. Our expert faculty will present current, evidence-based guidelines and strategies for managing some of the high-risk maternal and fetal conditions that can occur during pregnancy.

Educational Objectives

Based on the information presented, the participant will be able to:

- Discuss management options for the fetus with IUGR.
- Identify the genetic abnormalities that cause hemoglobinopathies.
- Assess symptoms of physician burnout and determine how best to avoid.
- Discuss the developmental and evolutionary rationale for the "4th Trimester".
- Describe appropriate support for mothers with cardiometabolic risk factors for breastfeeding difficulties.
- Review the safety and effectiveness of using the modified labor curve to reduce primary cesarean rates.
- Describe at least three elements of a perinatal safety culture.
- Identify elements of a perinatal safety culture through case-based examples.

Disclosure

Saint Thomas Health is committed to providing CME that is balanced, objective, and evidence-based. In accordance with the Accreditation Council for Continuing Medical Education Requirements and Standards, all parties involved in content development are required to disclose any relevant conflicts of interest related to the topics of this education activity. Saint Thomas Health has established mechanisms to resolve conflicts of interest should they arise. Any potential conflict of interest or off-label use will be disclosed to the audience prior to the activity.

Accreditation

Saint Thomas Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Saint Thomas Health designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for ACOG credit has been filed with the American College of Obstetricians and Gynecologists. **Determination of credit is pending.**

Non-physician participants will receive a Certificate of Participation following this activity.



LOGISTICAL INFORMATION

Registration

The registration fees for this course are \$150.00 for Physicians and \$115.00 for Non-Physicians. The registration fees cover all program and educational material costs as well as expenses for all food & beverage. To register you can complete the form included in this brochure or you can register online at www.sthscme.com.

An electronic syllabus will be provided on a USB hard drive at registration. You are welcome to bring a personal laptop computer if you wish to follow along during the conference.

Cancellation Policy

If it is necessary for you to cancel your registration for this course, please call 615-222-2007 by Friday, October 26, 2018 for your refund less than \$25.00 administrative fee. No refund will be given after Friday, October 26, 2018. Substitutions are allowed with notice.

A Special Note For The Disabled

Saint Thomas Health believes that no individual with a disability should be excluded, denied services, segregated or treated differently from other individuals because of the absence of auxiliary aids and services. If you are in need of any auxiliary aids or services, please contact the Saint Thomas Health Office of Continuing Medical Education at 615-222-2007.

Location

Gladys Stringfield-Owen Education Center located at Saint Thomas Midtown Hospital, 2000 Church Street, Nashville, Tennessee 37236. Specific directions and maps are available on our website at www.sthscme.com under 'Our Facilities'.

Lodging Accommodations

Registrants are responsible for making their own reservations.

Loew's Vanderbilt Hotel
2100 West End Avenue
Phone: (615) 320-1700

Hampton Inn Vanderbilt
1919 West End Avenue
Phone: (615) 329-1144

Or you can go to www.visitmusiccity.com/visitors/placestostay for all lodging options in the area.

For More Information ...

For more information, please call the Continuing Medical Education Staff at 615-222-2007 or visit our website at www.sthscme.com.

REGISTRATION FORM

Evidence-Based Approach to Managing Maternal & Fetal Complications in High-Risk Obstetrics

November 9, 2018

Name _____

...OR CHARGE IT:

Mailing Address _____

MasterCard # _____

City _____ State _____ Zip _____

VISA # _____

Daytime Telephone (_____) _____

Expiration Date _____

FAX # (_____) _____

Security Code _____

E-mail Address: _____

Signature _____

Specialty: _____

...and FAX your registration form: (615) 222-6464.

...OR REGISTER ON-LINE AT <http://www.sthscme.com>

- ADVANCE REGISTRATION REQUIRED.

_____ \$150.00 PHYSICIAN

_____ \$115.00 NON-PHYSICIAN

_____ STH Associate ID Number: _____

Saint Thomas Health uses a variety of mailing lists. If you have already received this brochure, please share this copy with a friend. Thanks!

- Please make check payable to **Saint Thomas Health**

- Mail registration form and check to
Continuing Medical Education
4220 Harding Road
Nashville, Tennessee 37205

Please note: Upon receipt of your registration our office will send a confirmation email. If you register and do not receive a confirmation please call our office at 615.222.2007



Continuing Medical Education
P.O. Box 380
Nashville, Tennessee 37202

Non-Profit
Organization
U.S. Postage
PAID
Nashville, Tenn.
Permit No. 2116

*Saint Thomas Health uses a variety
of mailing lists. If you have already
received this brochure, please share
this copy with a friend. Thanks!*

Evidence-Based Approach to Managing Maternal & Fetal Complications in High-Risk Obstetrics

November 9, 2018

SPEAKER INFORMATION

Course Director

Cornelia (Connie) R. Graves, MD, FACOG

Medical Director - Tennessee Maternal-Fetal Medicine
Director, Perinatal Services - Saint Thomas Midtown Hospital
Professor - University of Tennessee Health Sciences Center, Saint Thomas Midtown Hospital

Faculty

Frances Kelly, PhD, MSN, RNC-OB, NEA-BC, CPHQ, CPPS

Vice President, Women's and Infant Services
Grady Health System - Atlanta, Georgia

Michelle Y. Owens, MD, MD, FACOG

Medical Director - The Winfred L. Wiser Hospital for Women and Infants
Vice Chair and Associate Professor - Obstetrics and Gynecology
University of Mississippi School of Medicine
Jackson, Mississippi

Alison Stuebe, MD, MSc

Associate Professor - Maternal-Fetal Medicine - University of North Carolina School of Medicine
Medical Director - Lactation Services - UNC Health Care
Chapel Hill, North Carolina
