

2019 Colorectal and Gastrointestinal Update

Presented by
Saint Thomas Health
Office of Continuing Medical Education

Saturday, February 23, 2019

Offered at
Saint Thomas West Hospital
Linda and Mike Curb Center for Advanced Learning
4220 Harding Road, Nashville, Tennessee 37205



Saint Thomas
Health



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AGENDA

7:00 am	Registration & Continental Breakfast
7:45 am	Welcome & Course Introduction <i>William J. Harb, MD and Howard R. Mertz, MD</i>
8:00 am	New Treatment Options for Fecal Incontinence <i>William J. Harb, MD</i>
8:45 am	Constipation <i>Howard R. Mertz, MD</i>
9:30 am	Refreshment Break
9:45 am	Approach to Elevated Liver Enzymes <i>Satheesh P. Nair, MD</i>
10:30 am	Treatment of Diverticulitis <i>Sree K. Suryadevara, MD</i>
11:15 am	Lunch
12:00 pm	Probiotics <i>Howard R. Mertz, MD</i>
12:45 pm	Colon Cancer Screening <i>Brett C. Inglis, DO</i>
1:30 pm	Infectious Complications of Immune Suppression and Biologic Agents <i>Steven M. VanHook, MD</i>
2:15 pm	Diagnosis and Treatment of Common Anorectal Problems <i>William J. Harb, MD</i>
3:00 pm	Closing Remarks
3:15 pm	Adjourn

COURSE INFORMATION

This course is designed to meet the educational needs of primary care physicians, nurse practitioners, general surgeons, gastroenterologists, and other healthcare providers involved in the first line of treatment in colorectal and gastrointestinal related illnesses. This course will focus on recent developments in the diagnosis and management of medical conditions that are often complex. Topics have been identified based on prevalence in practice, difficulty in managing, and availability of new information.

Educational Objectives

Based on the information presented, the participant will be able to:

- Recognize medical and surgical treatment options for patients with fecal incontinence.
- Develop a strategy of continued care for the management and treatment of constipation.
- Manage elevated liver enzymes and determine how to treat in practice.
- Utilize recent advances in the treatment of diverticulitis.
- Evaluate the recommended use of probiotics in the clinical setting.
- Apply appropriate screening guidelines for colorectal cancer.
- Diagnose and manage patients with infectious complications of immune suppression and biologic agents.
- Identify common anorectal problems based on the history and physical examination.

Disclosure

Saint Thomas Health is committed to providing CME that is balanced, objective, and evidence-based. In accordance with the Accreditation Council for Continuing Medical Education Requirements and Standards, all parties involved in content development are required to disclose any relevant conflicts of interest related to the topics of this education activity. Saint Thomas Health has established mechanisms to resolve conflicts of interest should they arise. Any potential conflict of interest or off-label use will be disclosed to the audience prior to the activity.

Accreditation

Saint Thomas Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Saint Thomas Health designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. ***Determination of credit is pending.***

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Non-physician participants will receive a Certificate of Participation following this activity.



LOGISTICAL INFORMATION

Registration

The registration fee for this course is \$95.00. The registration fees cover all program and educational material costs as well as expenses for all food & beverage. To register you can complete the form included in this brochure or you can register online at www.sthscme.com.

An electronic syllabus will be provided on a USB hard drive at registration. You are welcome to bring a personal laptop computer if you wish to follow along during the conference.

Cancellation Policy

If it is necessary for you to cancel your registration for this course, please call 615-222-2007 by Friday, February 9, 2019 for your refund less than \$25.00 administrative fee. No refund will be given after Friday, February 9, 2019. Substitutions are allowed with notice.

Special Accommodations

Saint Thomas Health believes that no individual with a disability should be excluded, denied services, segregated or treated differently from other individuals because of the absence of auxiliary aids and services. If you are in need of any auxiliary aids or services, please contact the Saint Thomas Health Office of Continuing Medical Education at 615-222-2007.

Location

Linda and Mike Curb Institute for Advanced Medical Education located at Saint Thomas West Hospital, 4220 Harding Road, Nashville, Tennessee 37205. Specific directions and maps will be sent to all registrants.

Lodging Accommodations

Registrants are responsible for making their own reservations.

Loew's Vanderbilt Plaza Hotel
2100 West End Avenue
Phone: (615) 320-1700

Hampton Inn Vanderbilt
1919 West End Avenue
Phone: (615) 329-1144

Or you can go to www.visitmusiccity.com/visitors/placestostay for all lodging options in the area.

For More Information

For more information, please call the Continuing Medical Education Staff at 615-222-2007 or visit our website at www.sthscme.com.

REGISTRATION FORM

2019 Colorectal and Gastrointestinal Update

Saturday, February 23, 2019

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Daytime Telephone (_____) _____

FAX # (_____) _____

E-mail Address: _____

Degree: _____

Specialty: _____

- ADVANCE REGISTRATION REQUIRED.

_____ \$95.00 per attendee

_____ STH Associate ID # _____

- Please make check payable to **Saint Thomas Health**

- Mail registration form and check to
Continuing Medical Education
4220 Harding Road
Nashville, Tennessee 37205

...OR CHARGE IT:

MasterCard # _____

VISA # _____

Expiration Date _____

Security Code _____

Signature _____

...and FAX your registration form: (615) 222-6464.

...OR REGISTER ON-LINE AT <http://www.sthscme.com>

*Saint Thomas Health uses a variety of mailing lists.
If you have already received this brochure,
please share this copy with a friend. Thanks!*

- Please check this box if you require assistance with hearing, vision, mobility, or special diet restrictions to make this course accessible to you.

Please note: Upon receipt of your registration our office will send a confirmation email. If you register and do not receive a confirmation please call our office at 615.222.2007



Continuing Medical Education
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SPEAKER INFORMATION

Co-Course Directors

William J. Harb, MD
Colon and Rectal Surgeon
Saint Thomas Midtown Hospital

Howard R. Mertz, MD
Gastroenterologist
Saint Thomas West Hospital

Faculty

Brett C. Inglis, DO
Gastroenterologist
Saint Thomas Medical Partners

Satheesh P. Nair, MD
Director of Transplant Hepatology
Methodist University Hospital - Memphis, TN

Sree K. Suryadevara, MD
Colon and Rectal Surgeon
Saint Thomas Midtown Hospital

Steven M. VanHook, MD
Infectious Disease
Saint Thomas Health