

# 2023 Primary Care Symposium

Presented by  
Ascension Saint Thomas  
Office of Continuing Medical Education

**Friday and Saturday  
May 12-13, 2023**

Offered Virtually via Zoom



**Ascension Saint Thomas**

## Course Information

Please join us for our *2023 Primary Care Symposium*, two days of virtual education focusing on equipping primary care providers with new guidelines and strategies to provide optimal care for patients with common medical conditions and disorders. **Participation in the Prescribing Controlled Substances section will meet the Tennessee Department of Health's licensure requirements for 2 hours of continuing education in controlled substance prescribing, including Chronic Pain Guidelines.**

## Day One Agenda - Friday, May 12, 2023

7:30 a.m.	Conference Check-In
8:00 a.m.	<b>Welcome &amp; Course Introduction</b> <i>Michael R. Miller, DO, DAAFP, Course Director</i>
<b>Section 1: Developments in Cardiovascular Care</b>	
8:10 a.m.	<b>Lipid Management for Primary and Secondary Prevention</b> <i>Britten F. Young, MD</i>
8:40 a.m.	<b>PAD/PVD: When to Suspect, When to Screen, When to Refer</b> <i>Hady T. Lichaa, MD, FACC, FSCAI, FSVIM, RPVI</i>
9:10 a.m.	<b>Cardiac Diagnostic Testing, What to Choose &amp; When</b> <i>Andrew O. Zurick III, MD, FACC, FASE, FSCMR</i>
9:40 a.m.	Q&A
9:50 a.m.	Break
10:00 a.m.	<b>Management of Pulmonary Embolism After Hospital Discharge</b> <i>Elizabeth D. Willers, MD</i>
10:30 a.m.	<b>Post-Cardiac Surgery Patient Management</b> <i>Amber M. Edwards, MD</i>
11:00 a.m.	<b>COVID-19 (and Vaccine) Related Myocardial Injury Diagnosis and Management</b> <i>TBD</i>
11:30 a.m.	Q&A
11:45 a.m.	Lunch
<b>Section 2: Developments in Neuroscience Care</b>	
12:15 p.m.	<b>Epilepsy Pearls for the Primary Care Physician</b> <i>Candace B. Schaefer, MD, MS</i>
1:00 p.m.	<b>Update on Alzheimer's Disease &amp; New Anti-Amyloid Therapies</b> <i>Brett A. Parker, MD</i>
1:45 p.m.	Q&A
2:00 p.m.	Break
2:10 p.m.	<b>Acute Stroke Management and Secondary Stroke Prevention: What's New</b> <i>E. Frank Lafranchise, MD</i>
2:55 p.m.	Q&A
3:05 p.m.	<b>Closing Remarks</b> <i>Michael R. Miller, DO, DAAFP, Course Director</i>
3:15 p.m.	Adjourn

## Day Two Agenda - Saturday, May 13, 2023

7:30 a.m.	Conference Check-In
8:00 a.m.	<b>Welcome &amp; Course Introduction</b> <i>Michael R. Miller, DO, DAAFP, Course Director</i>
<b>Section 3: Developments in Oncology Care</b>	
8:10 a.m.	<b>Screening For Lung Cancer: Which Patients Need It and Why</b> <i>Bryan R. Hay, MD</i>
8:40 a.m.	<b>Identification of Patients for Hereditary Cancer Genetics Evaluation</b> <i>Maureen Graham, MS, LCGC</i>
9:10 a.m.	<b>Overview and Update of Outpatient Anticoagulation</b> <i>Gregg C. Shepard, MD</i>

9:40 a.m. **Bad Blood: Who and When to Refer to Hematology**  
*Michael T. Byrne, DO*

10:10 a.m. **Q&A**

10:25 a.m. **Break**

### Section 4: Developments in Mental Health

10:35 a.m. **Depression and Anxiety: Diagnosis, Pitfalls, and Treatments**  
*Joseph M. Sharpe, MD*

11:35 a.m. **Lunch**

### Section 5: Prescribing Controlled Substances

12:05 p.m. **Prescribing Controlled Substances**  
*Kayla Williams Mehr, PMHNP*  
*Joanna Risby, PharmD*

2:05 p.m. **Closing Remarks**

*Michael R. Miller, DO, DAAFP, Course Director*

2:20 p.m. **Adjourn**

## Learning Objectives

As a result of participating in this conference, learners will be able to:

- Discuss recent clinical developments in the specialty of cardiovascular medicine.
- Develop strategies to implement current standards of care for primary care patients with cardiovascular conditions.
- Discuss recent clinical developments in the fields of stroke, epilepsy, and dementia.
- Develop strategies to implement current standards of care for primary care patients with neurological disorders.
- Develop strategies to facilitate appropriate diagnosis and treatment or referral of patients presenting with symptoms of oncological disorders.
- Develop strategies to initiate appropriate diagnosis and treatment or referral of patients presenting with depression and/or anxiety.
- Develop strategies to implement current standards for prescribing controlled substances and to meet state requirements for license renewal.

## Accreditation and Credit Statements

Ascension Saint Thomas is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Ascension Saint Thomas designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Allied Health Professionals and other learners will receive a Certificate of Participation following this course.

**Participation in the Prescribing Controlled Substances section will meet the Tennessee Department of Health's licensure requirements for 2 hours of continuing education in controlled substance prescribing, including Chronic Pain Guidelines.**



**Register Online with Visa or Mastercard**  
**www.sthscme.com**

You will receive a confirmation email upon registration. If you do not receive a confirmation email, please email [cathy.cobler@ascension.org](mailto:cathy.cobler@ascension.org). Zoom instructions and login information will be emailed the week of the conference.



**Registration Form**  
**for Email, Fax, or U.S. Mail**

**2023 Primary Care Symposium**  
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Name \_\_\_\_\_

\_\_\_\_MD \_\_\_\_DO \_\_\_\_NP \_\_\_\_PA \_\_\_\_RN

\_\_\_\_Other \_\_\_\_\_

Email \_\_\_\_\_

Specialty \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_

Practice Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**REGISTER FOR ENTIRE CONFERENCE**

- \_\_\_\_ \$225.00 Entire Conference for MD, DO, PharmD, NP, PA, RN, and Other Clinicians - 12.0 *AMA PRA Category 1 Credits™*
- \_\_\_\_ \$0.00 Ascension Saint Thomas Non-Physician Associate: ID Number \_\_\_\_\_
- \_\_\_\_ \$0.00 UTHSC Resident/Fellow

**- OR -**

**REGISTER PER SECTION**

- \_\_\_\_ \$90.00 Section 1: Developments in Cardiovascular Care - 3.5 *AMA PRA Category 1 Credits™*
- \_\_\_\_ \$80.00 Section 2: Developments in Neuroscience Care - 3.0 *AMA PRA Category 1 Credits™*
- \_\_\_\_ \$60.00 Section 3: Developments in Oncology Care - 2.25 *AMA PRA Category 1 Credits™*
- \_\_\_\_ \$30.00 Section 4: Developments in Mental Health - 1.0 *AMA PRA Category 1 Credits™*
- \_\_\_\_ \$60.00 Section 5: Prescribing Controlled Substances - 2.25 *AMA PRA Category 1 Credits™*

**Charge to:**

**Visa or Mastercard #** \_\_\_\_\_

Expiration Date \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

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**Payment Options:**

- **Scan and Email form to** [cathy.cobler@ascension.org](mailto:cathy.cobler@ascension.org)
- **Fax form to** (615) 222-6464
- **Make check payable to Ascension Saint Thomas and mail with form to:**  
Continuing Medical Education  
Ascension Saint Thomas Hospital West  
4220 Harding Road  
Nashville, TN 37205

*If you happen to receive more than one brochure, please share with a colleague. Thank you!*

**Faculty Information**

**Course Director**

**Michael R. Miller, DO, DAAFP**

Chief of Quality and Physician Advocacy, Ascension Medical Group Saint Thomas  
Family Medicine Physician, Ascension Medical Group Saint Thomas Lenox Village

**Planners and Faculty**

**David C. Bauman, MD**

Family Medicine Physician, Ascension Medical Group Saint Thomas New Salem  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Michael T. Byrne, DO**

Medical Oncologist  
Ascension Saint Thomas Hospital Midtown

**Amber M. Edwards, MD**

Cardiothoracic Surgeon, Ascension Saint Thomas Heart West  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Maureen Graham, MS, LCGC**

Licensed, Certified Genetic Counselor, Ascension Saint Thomas

**Bryan R. Hay, MD**

Director, Medical Intensive Care Unit, Ascension Saint Thomas Hospital West  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Jonathan Hughes, PharmD**

Ascension Medical Group  
Assistant Professor, Department of Clinical Pharmacy and Translational Science  
University of Tennessee Health Science Center College of Pharmacy

**Jimmy L. Kerrigan, MD, FACC, FSCAI, RPVI**

Interventional Cardiologist  
Co-Director Advanced Coronary Therapeutics Program  
Co-Director Pulmonary Embolism Response Team  
Ascension Saint Thomas Heart West  
Chair, Ascension Chronic Total Occlusion Interventional Cardiology Affinity Group  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**E. Frank Lafranchise, MD**

Neuroscience Program Executive Medical Director, Ascension Saint Thomas  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Hady T. Lichaa, MD, FACC, FSCAI, FSVM, RPVI**

Interventional Cardiovascular Specialist, Ascension Saint Thomas Heart West  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Kayla Williams Mehr, PMHNP**

Hospital Based MOUD Clinical Specialist  
Tennessee Department of Mental Health & Substance Abuse Services

**Matthew O'Dell**

Director of Clinical Quality and Safety, Ascension Saint Thomas

**Brett A. Parker, MD**

Neurologist, Ascension Saint Thomas  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

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### *Planners and Faculty continued*

**Joanna Risby, PharmD**

Pharmacy Resident  
Tennessee Department of Mental Health & Substance Abuse  
Services

**Candace B. Schaefer, MD, MS**

Neurologist, Heritage Medical Associates, PC

**Joseph Sharpe, MD**

Psychiatric Medical Director, Ascension Saint Thomas  
Midtown and West  
Chief Medical Officer, Ascension Saint Thomas Behavioral  
Health

**Gregg C. Shepard, MD**

Medical Oncologist, Tennessee Oncology

**Elisabeth D. Willers, MD**

Pulmonary Medicine Physician, Saint Thomas Medical Group  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of  
Medicine

**Britten F. Young, MD**

Cardiologist, Ascension Saint Thomas Heart

**Andrew O. Zurick III, MD, FACC, FASE, FSCMR**

Staff Cardiologist  
Medical Director, Cardiovascular CT & MRI  
Ascension Saint Thomas Heart  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of  
Medicine

### **Financial Disclosures**

Ascension Saint Thomas is committed to providing CME that is balanced, objective, and evidence-based. In accordance with the Accreditation Council for Continuing Medical Education Standards for Integrity and Independence in Accredited Continuing Education, all individuals who have the opportunity to control content are required to disclose any financial relationships within the past 24 months with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Ascension Saint Thomas has established mechanisms to mitigate relevant financial relationships. Disclosure of relevant financial relationships with ineligible companies will be provided to learners prior to the activity.

### **Special Accommodations**

Ascension Saint Thomas believes that participation should be available for all individuals. If you are in need of individualized accommodations, please contact the Ascension Saint Thomas Office of Continuing Medical Education at [astcme@ascension.org](mailto:astcme@ascension.org).

### **Cancellation Policy**

If it is necessary to cancel your registration, please email [astcme@ascension.org](mailto:astcme@ascension.org) by Friday, May 5. We will refund your fee less \$25.00. No refund will be given after Friday, May 5.